BAR EL PUNTO DE ENCUENTRO

HUERTA

XI. 10R NADAS GASTRO NÓMICAS

Pisto en gelatina sobre chips al curry, salsa de tomate y huevo a baja temperatura (Pisto in jelly on a curry chips, tomato sauce and low temperature egg)

Chef: Rafael Gallado Melgar

INGREDIENTS

Potatoes

Curry, Carrots, jelly, Tomatoes

Extra Virgin Olive Oil

Courgette

Salt, aubergine, pepper (spice)

Green and red pepper

Leek

Garlic

THIS IS HOW IT IS DONE

- 1 Cut the vegetables into brunoise (small cubes) and sauté them.
- 2 Make a sauce of tomato, garlic, carrot, leek, salt and pepper.
- 3 Cut the potatoes into chips, spice with curry and bake in the oven.
- 4 Make the jelly and put in the vegetable pisto
- 5 Boil the egg at low temperature
- 6 Pour the pisto with jelly over the potato chips and finally the low-temperature egg.

TIPS AND ADVICE

Check the egg cooking at low temperature.



