Cruzcampo





COCINA INNOVADORA 2012

INGREDIENTS (1 person)

- ·150gr Red tuna ventresca
- ·6 leek leaves (white part)
- ·10 gr Dehydrated aonori seaweed
- ·50 gr Salicornia
- ·1 spring onion/ 50ml of milk
- ·25gr flour / 30 gr. Butter
- .1/2 garlic gloves /1 egg yolk
- ·1 lemon / 750 ml of water
- ·1,5 gr of soya leticin
- ·Extra virgin olive oil / Salt

TIPS AND ADVICE

So that the leek leaves do not break, we cook without boiling



Raviolis de Ventresca de Atún y Puerros con esterificación natural de Salicornia y aire de Limón (Tuna ventresca ravioli and leeks with natural esterification of salicornia and lemon air)

Chef: Manuel Jesús Sánchez Ramírez

THIS IS HOW IT IS DONE

- Cook the leek in half a litre of water at 900 degrees, set aside and drain
- 2. Cut the ventresca into 3 equal pieces and season, sear it on the griddle with a little oil
- 3. Wrap the tuna around the leek
- 4. Once the ravioli has been assembled, we mark them on the griddle with a little oil
- 5. S. Divide the Aonori seaweed into 2 parts and fry at 200 degrees, then set aside
- 6. Salicornia cream: Put the butter, garlic, spring onion and salicornia in a casserole pot.
- 7. Using a syringe, empty the contents of the egg yolk once separated from the egg white and inject the same quantity of salicornia cream. This is how we obtain the esterification.
- 8. Mix the lemon juice with 250 milliliters of water and 1.5 grams of soya leticin, blend and obtain the lemon air
- Serve on a plate with a base of Aonori, on top of which we place the ravioli and the natural esterification of salicornia and the lemon air.