

COCINA TRADICIONAL 2013

INGREDIENTS

- ∙Tuna
- Tomato
- Onion
- ·Green pepper
- ·Red pepper
- •Garlic



BLANCO Y VERDE RESTAURANT Atún con Tomate

(Tuna with tomato)

Chef: Antonia Moreno Ramírez

THIS IS HOW IT IS DONE

- 1. Fry the tomato, green pepper, red pepper, onion and garlic.
- 2. Mix everything together and grind it.
- 3. Season the tuna and add it to the fried.
- 4. Cook the tuna and serve.

TIME/ DIFFICULTY

25 Minutes / Easy