





COCINA INNOVADORA 2014

INGREDIENTS

- ·100g Tuna belly
- ·400g monkfish / 20g razor shell
- ·20g clams / 20g cockles
- ·30g wild asparagus
- $\cdot 1$ sea lettuce leaf
- ·20g cuttlefish spaghettis
- ·1 onion / 1 leek
- ·1 Kg Potatoes
- ·1 garlic clove
- ·1 bay leaf
- ·Salt and pepper



Mare Nostrum Chef: Roberto Sánchez Ureba

THIS IS HOW IT IS DONE

- Prepare a monkfish cream, sauté the leeks and onions, together with the monkfish, all chopped.
- 2. Then add the potatoes and cover with water.
- 3. Once boiled, season with salt and pepper and mash.
- Sauté the spaghetti with the cockles, clams, razor shells and asparagus.
- 5. Wrap the sea lettuce and pass it over the griddle for processing

TIME/ DIFFICULTY

45 Minutes / Medium-high